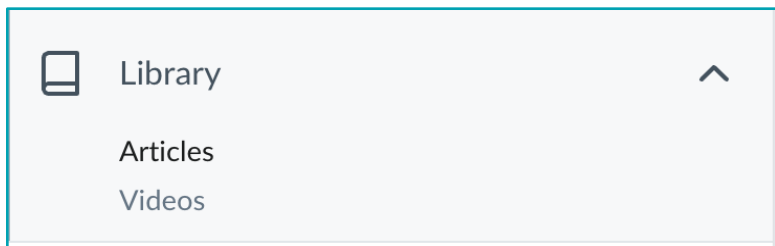


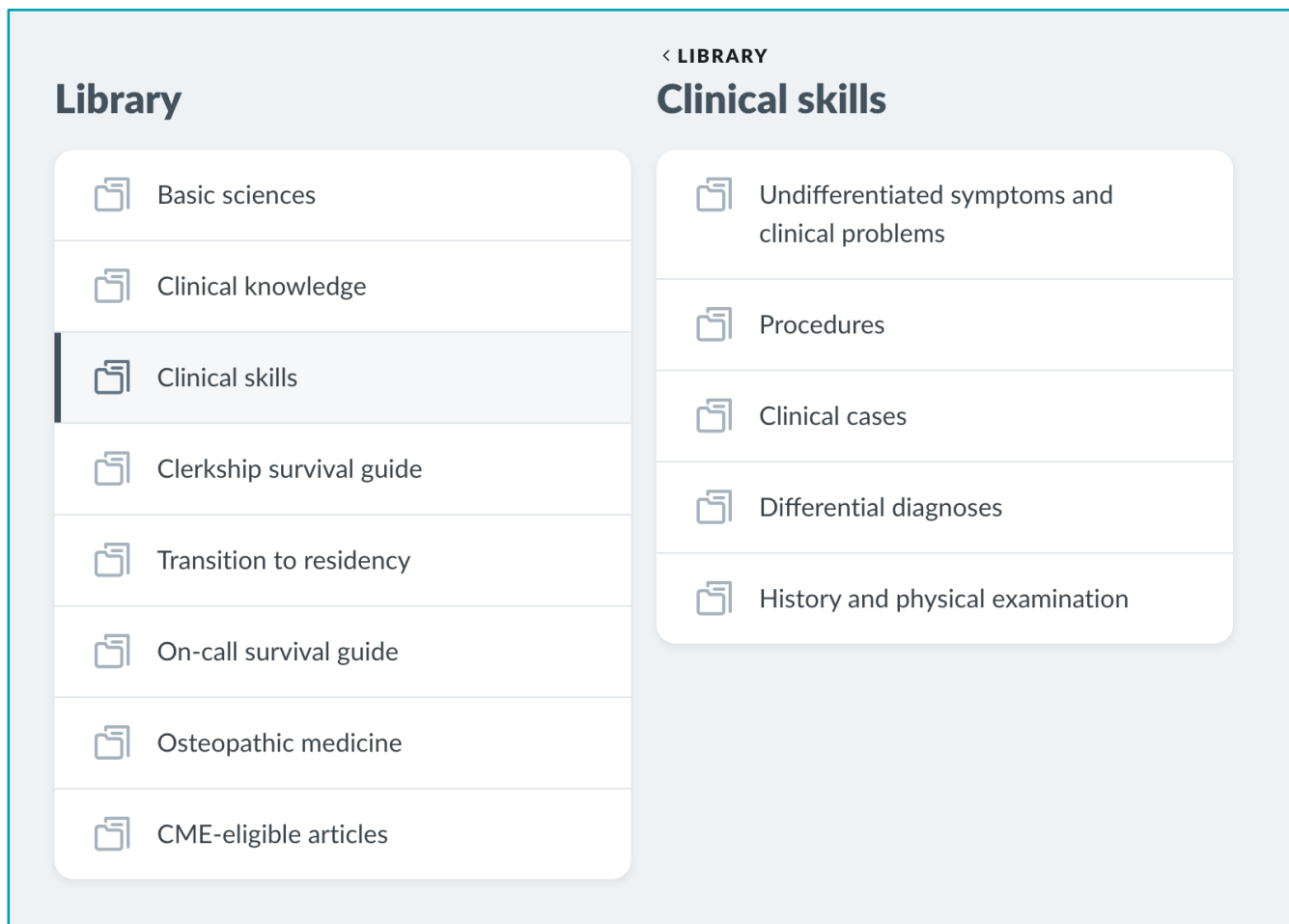
Používanie AMBOSSu pre zlepšenie klinických zručností

Ako zlepšiť svoje klinické zručnosti s AMBOSSom?



1 Otvorenie knižnice

Na ľavej strane hlavného panela (dashboardu) otvorte **Library (Knižnicu)** a kliknite na **Articles (Články)**. Potom vyberte kategóriu **Clinical Skills (Klinické zručnosti)**



Používanie AMBOSSu pre zlepšenie klinických zručností

2 Dostupné typy zdrojov

Anamnéza a fyzikálne vyšetrenie

V tejto sekcii si môžete prečítať, ako odoberať anamnézu a vykonávať fyzikálne vyšetrenie. Krok za krokom sa naučíte, ako pristupovať k vyšetreniu pacienta a na čo myslieť pri jednotlivých orgánových systémoch.

< LIBRARY

Clinical skills

-  Undifferentiated symptoms and clinical problems
-  Procedures
-  Clinical cases
-  Differential diagnoses
-  History and physical examination

History and physical examination

-  Medical history
-  Physical examination
-  Mental status examination
-  Neurological examination
-  Head and neck examination

Physical examination

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[Content policy](#)

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Summary	▼
Approach	▼
Systems	▼
↳ General appearance	▼
↳ Vital signs and measurements	▼
↳ Skin and nails	▼
↳ Head, eyes, ears, nose, throat (HEENT)	▼
↳ Lymphatics	▼
↳ Heart	▼
↳ Lungs and chest wall	▼
↳ Abdomen	▼
↳ Pelvic	▼
↳ Neurological	▼
↳ Musculoskeletal	▼
↳ Breast	▼

Používanie AMBOSSu pre zlepšenie klinických zručností

Klinické prípady

Tu si môžete precvičiť, čo ste sa naučili.

Po prečítaní článku „[Tips and tricks for clinical skills exams](#)“ nájdete **40 klinických prípadov**, ktoré môžete využiť na hranie rolí so spolužiakmi alebo samostatne, presne ako počas skúšok typu **OSCE alebo CPSA**.

Každý prípad obsahuje:

- **Examinee Instructions** – pokyny pre študenta,
- **Patient Encounter** – simulované stretnutie s pacientom, ktoré zahŕňa:
 - *Focused History* (cielenú anamnézu),
 - *Focused Physical Examination* (cielené fyzikálne vyšetrenie),
 - *Communication and Interpersonal Skills* (komunikačné a interpersonálne zručnosti),
- **Patient Note** – miesto na poznámky o postupe a nálezoch,
- **Further Discussion** – doplnkové informácie a tipy.

Celým prípadom vás sprevádzajú **kontrolné políčka**, aby ste nič nevynechali, a **videá**, ktoré ukazujú, ako správne vykonávať jednotlivé vyšetrenia.

< LIBRARY

Clinical skills

Undifferentiated symptoms and clinical problems

Procedures

Clinical cases

Differ

Histo

Clinical cases

Tips and tricks for clinical skills exams

Case 1: Abdominal pain

Case 2: Abdominal pain

Case 3: Abdominal pain

Case 1: Abdominal pain > Patient encounter > Focused physical examination



Murphy's sign



Murphy Sign - Clinical



Examination of the Abdomen -

Používanie AMBOSSu pre zlepšenie klinických zručností

Procedúry

V tejto sekcii nájdete články o rôznych **praktických výkonoch** (napr. [zavedenie nazogastrickej sondy](#)), doplnené **grafikami, fotografiami a videami**.

Počas štúdia sú obzvlášť dôležité procedúry používané na **stážach**, ako napríklad:

- 1) periférny venózný prístup,
- 2) ošetrovanie rán,
- 3) lokálna anestézia.

< LIBRARY

Clinical skills

 Undifferentiated symptoms and clinical problems

 Procedures

 Clinical cases

 Differential diagnoses

 History and physical examination

Procedures

 Airway management

 Cricothyrotomy

 Peripheral venous access

 Central venous access

 Intraosseous access

 Arterial access

 Transcutaneous pacing (Management of bradycardia)

 Pericardiocentesis

 Thoracentesis

 Paracentesis

 Chest tube placement

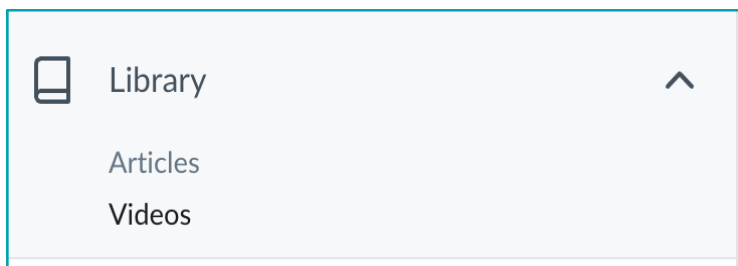
Používanie AMBOSSu pre zlepšenie klinických zručností

3 Videá v AMBOSS-e

Opäť otvorte **Library** na ľavej strane a kliknite na [Videos](#) (Videá).

Pre prípravu na **OSCE** sú najvhodnejšie sekcie:

- [Physical examination](#) (Fyzikálne vyšetrenie)
- [Practical skills and procedures](#) (Praktické zručnosti a procedúry)



Používanie AMBOSSu pre zlepšenie klinických zručností

Videos

For a quick refresher on a disease, topic, or clinical skill, here's an overview of AMBOSS' medical videos. Each of these videos can also be found via AMBOSS search and in their respective Library articles.



Chalk Talk



Physical examination



Practical skills and procedures



Animations



3D Anatomy

Fyzikálne vyšetrenie

Videá ukazujú rôzne techniky vyšetrenia a vysvetľujú nálezy pri patologických stavoch.

Physical examination videos

Head, eyes, ears, nose, throat (HEENT)
Thyroid examination and lymph node examination
Weber test and Rinne test

Internal medicine

Heart
Heart examination
Arterial examination
Venous examination

Lungs
Lung examination

Abdomen

My highlighting ☒ High-yield ☐ Key exam info

Physical examination videos

Head, eyes, ears, nose, throat (HEENT)

Internal medicine

Heart

Lungs

Heart examination

Používanie AMBOSSu pre zlepšenie klinických zručností

Praktické zručnosti a procedúry

Videa pokrývajú bežné klinické zručnosti a procedúry potrebné pre každodennú prax.

Practical skills and procedures

Practical skills

Point-of-care ultrasound

Používanie AMBOSSu pre zlepšenie klinických zručností

Practical skills and procedures

Practical skills

Measuring blood pressure and vital signs



Measuring Blood Pressure -
Measuring Vital...

Local anesthesia infiltration



Local anesthesia for wound repair



Single-point local anesthesia infiltration

Lumbar puncture

Local anesthesia for wound repair

Vaccine administration



Clinical Skills:
Administering
Vaccinations

Auskultácia

Auskultácia je vyšetrovacia technika založená na počúvaní vnútorných zvukov tela (napr. srdce, pľúca, črevá) pomocou stetoskopu. V AMBOSSe nájdete približne **40 videí a animácií založených na zvukových ukážkach**, ktoré vám umožnia počúvať typické zvuky srdca alebo pľúc podľa umiestnenia stetoskopu.

Medzi kľúčové témy patria:

- [Kardiovaskulárne vyšetrenie](#)
- [Vyšetrenie pľúc](#)

👉 Kliknutím na [tento odkaz](#) v AMBOSS-e si môžete pustiť zvukové ukážky a animácie.

Používanie AMBOSSu pre zlepšenie klinických zručností

Cardiovascular examination

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Content policy

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MediCoach BETA

Summary

History and general examination

Blood pressure

Jugular venous pressure

Pulses

Chest inspection

Cardiac palpation

Chest percussion

Cardiac auscultation

Heart sounds

Heart murmurs

Diagnostics

Pulmonary examination

Last edited: Apr 14, 2025

Content policy

Learned

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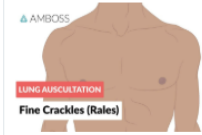
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MediCoach BETA

Summary

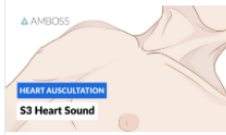
Inspection

Palpation



LUNG AUSCULTATION
Fine Crackles (Rales)

VIDEO
Fine Crackles (Rales) - Lung Auscultation -...



HEART AUSCULTATION
S3 Heart Sound

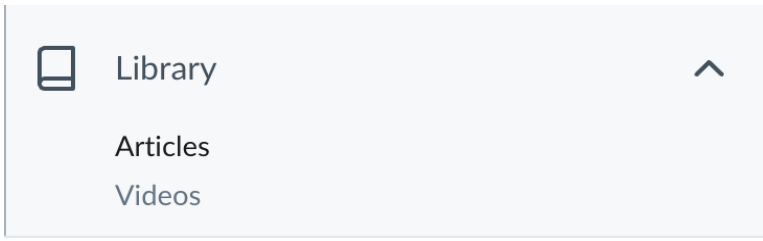
VIDEO
S3 Heart Sound (S3 Gallop) - Heart Auscultation -...



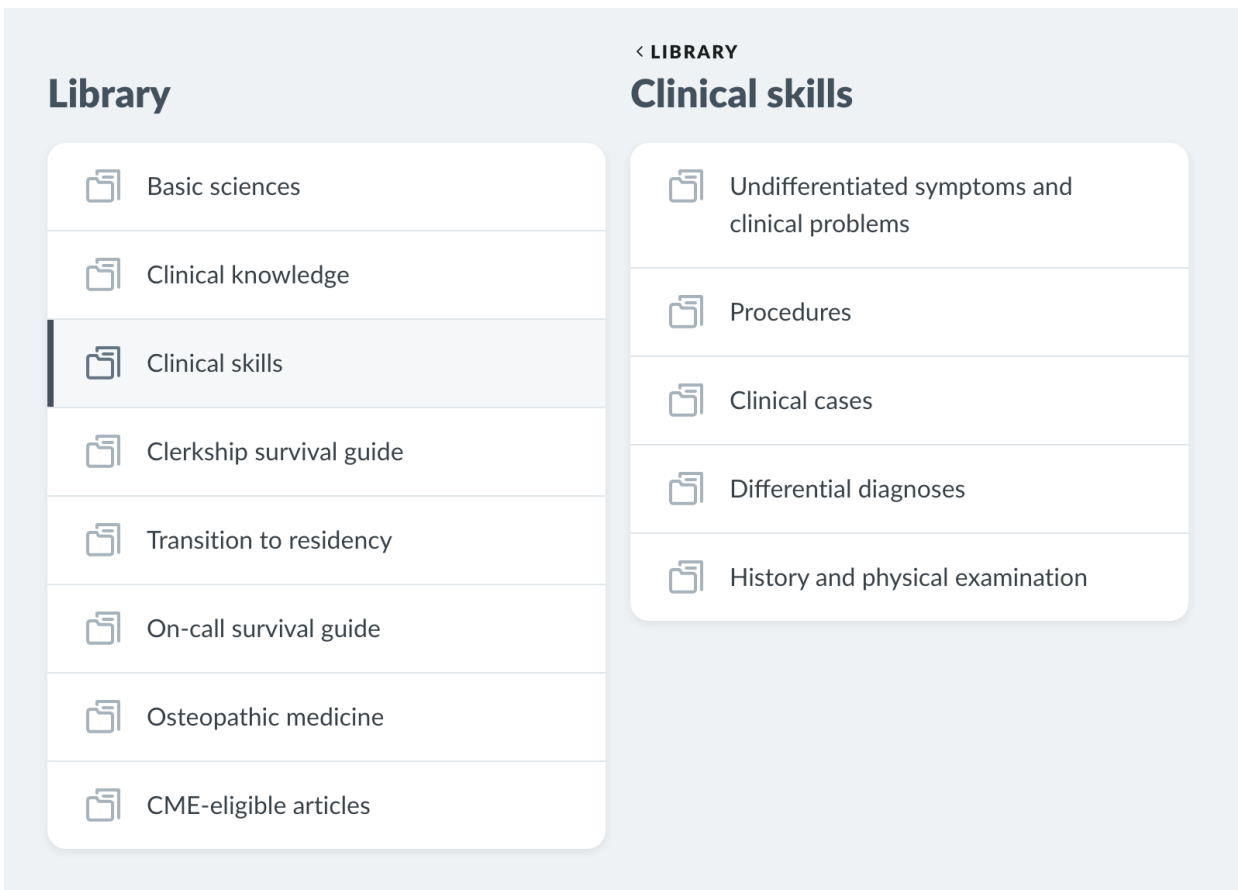
Heart auscultation:
Mitral Regurgitation

VIDEO
Animation: Heart auscultation - Mitral...

How to learn about, prepare and practice clinical & practical skills



Open up the Library on the left side of the dashboard. Click on [Articles](#). Choose “[Clinical Skills](#)”.



You can now choose between different resources.

- 1) [History and physical examination](#): Here you can read up on history taking and physical examinations. Step by step, you can learn how to approach an examination and what needs to be taken into consideration in each respective body system.

< LIBRARY

Clinical skills

- Undifferentiated symptoms and clinical problems
- Procedures
- Clinical cases
- Differential diagnoses
- History and physical examination**

History and physical examination

- Medical history
- Physical examination
- Mental status examination
- Neurological examination
- Head and neck examination
- Examination of the eye
- Orthopedic examination findings
- Orthopedic shoulder examination

Physical examination

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[Content policy](#)

☐ Learned

Summary	▼
Approach	▼
Systems	▼
↳ General appearance	▼
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↳ Pelvic	▼
↳ Neurological	▼
↳ Musculoskeletal	▼
↳ Breast	▼

- 2) [Clinical cases](#): This is where you can practise what you have learnt. After reading "[Tips and tricks for clinical skills exams](#)", you will find 40 clinical cases which you can use to roleplay with your fellow students or by yourself and practise different scenarios just like during OSCE/CPSA. You will find "Examinee Instructions", the "Patient Encounter" (including "Focused History", "Focused Physical Examination" and "Communication and Interpersonal Skills"), the "[Patient Note](#)", where you can take notes on your approach & findings, and "Further Discussion" with background information and tips. You will be guided through the case with check boxes so you don't miss anything that needs to be covered. There is video material throughout the cases to give you examples on how to examine correctly.

< LIBRARY

Clinical skills

- Undifferentiated symptoms and clinical problems
- Procedures
- Clinical cases**
- Differential diagnoses
- History and physical examination

Clinical cases

- Tips and tricks for clinical skills exams
- Case 1: Abdominal pain
- Case 2: Abdominal pain
- Case 3: Abdominal pain
- Case 4: Vaginal bleeding
- Case 5: Nausea
- Case 6: Pelvic pain
- Case 7: Toddler with a cough and fever

Case 1: Abdominal pain > Patient encounter > Focused physical examination



Murphy's sign



Murphy Sign - Clinical Examination



Examination of the Abdomen - Clinical...

- 3) **Procedures:** Here you find articles on different procedures such as [nasogastric tube placement](#) etc, including graphics, photographs and videos. During medical studies, this is most relevant for procedures needed for placements/rotations, i.e. peripheral venous access, wound treatment, local anaesthesia.

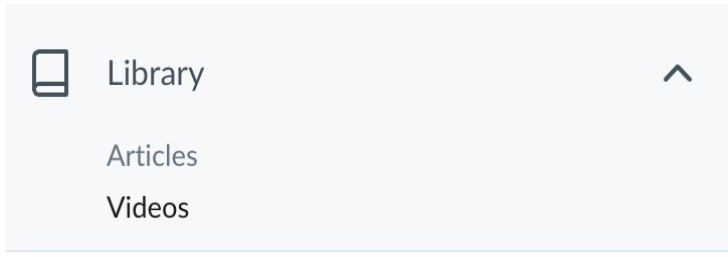
< LIBRARY

Clinical skills

- Undifferentiated symptoms and clinical problems
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Procedures

- Airway management
- Cricothyrotomy
- Peripheral venous access
- Central venous access
- Intraosseous access
- Arterial access
- Transcutaneous pacing (Management of bradycardia)
- Pericardiocentesis
- Thoracentesis
- Paracentesis
- Chest tube placement
- Local anesthesia



Open up the Library on the left side of the dashboard. Click on [Videos](#).

Now you can choose between different types. For OSCE preparation, “[Physical examination](#)” and “[Practical skills and procedures](#)” are most beneficial.

Videos

For a quick refresher on a disease, topic, or clinical skill, here's an overview of AMBOSS' medical videos. Each of these videos can also be found via AMBOSS search and in their respective Library articles.

 Chalk Talk

 Physical examination

 Practical skills and procedures

 Animations

 3D Anatomy

4) [Physical examination](#)

Physical examination videos

Head, eyes, ears, nose, throat (HEENT)

Thyroid examination and lymph node examination

Weber test and Rinne test

Internal medicine

Heart

Heart examination

Arterial examination

Venous examination

Lungs

Lung examination

Abdomen

Abdominal examination

Spleen and liver examination

Kidney examination

Neurology

Vertigo maneuvers (HINTS exam)

Nystagmus

Saccades

Ocular bobbing

Vestibuloocular reflex

Skew deviation

Benign paroxysmal positional vertigo (BPPV)

Gaze palsies

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Physical examination videos

Head, eyes, ears, nose, throat (HEENT)

Internal medicine

↳ Heart

↳ Lungs

↳ Abdomen

Neurology

Pediatrics

Orthopedics

You will find videos showing different techniques of examination as well as explanatory videos for different examination findings (pathologies).

Heart examination



Cardiovascular Examination - Clinical...

Auscultation findings

See also "[Cardiac auscultation.](#)"

Split S2, S3 and S4 heart sound (S3 and S4 gallop)



Animation: Heart auscultation - Physiological S2...



Animation: Heart auscultation - S3 heart sound (S3...



Animation: Heart auscultation - S4 heart sound (S4...

Aortic stenosis and aortic regurgitation




5) [Practical skills and procedures](#)

Practical skills and procedures

Practical skills

Point-of-care ultrasound

You will find videos on everyday practical skills and procedures.

Practical skills and procedures

Practical skills

Measuring blood pressure and vital



Measuring Blood Pressure - Measuring

Vaccine administration



Clinical Skills: Administering Vaccinations

Local anesthesia infiltration



Local anesthesia for wound repair

Local anesthesia for wound repair | AMBOSS



Single-point local anesthesia infiltration

Single-point local anesthesia infiltration | AMBOSS

Lumbar puncture



Lumbar puncture procedure

6) [Auscultation topics](#)

A physical examination technique that involves listening to internal sounds of the body (e.g., heart, lung, and bowel sounds), typically using a stethoscope. The sound-based videos allow you to listen to the sounds the heart or lungs make based on the location of the stethoscope. There are around 40 of these videos and animations within AMBOSS

[Cardiovascular examination](#)

[Pulmonary examination](#)

Cardiovascular examination

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Summary

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Summary

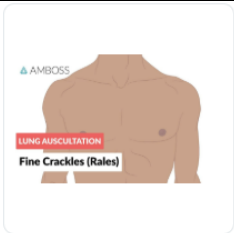
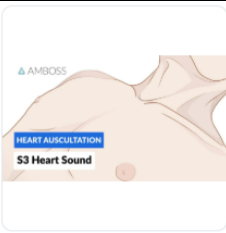
Inspection

Palpation

Percussion

Auscultation

[Links to sound-based videos and animations](#), samples below (click)

 VIDEO Fine Crackles (Rales) - Lung Auscultation -...	 VIDEO S3 Heart Sound (S3 Gallop) - Heart Auscultation -...	 VIDEO Animation: Heart auscultation - Mitral...
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